

OA VR TSW Comm. July E-BLAST

Save the Dates!

07/31/21-11/20/21

NEED TO WORK OR RE-WORK THE STEPS?

Overeaters Anonymous Twelve Step Workshop and Study Guide

15 Weeks to Work all 12 Steps in a Small Group Setting!

Next Group Starts July 31, 2021, at 2:00 pm EDT.

Workshop lasts about 1 ½ - 2 Hours Each Week.

It is a commitment!!!



The following OA-approved literature will be used in the workshop sessions and homework assignments: (purchasing the Study Guide is not necessary unless you are a co leader)

- Purchase the Participant's Step Study Student Guidebook-[https://oa.org/news/now-available-twelve-step-workshop-and-study-guide-second-edition-plus-participant-guide/if available](https://oa.org/news/now-available-twelve-step-workshop-and-study-guide-second-edition-plus-participant-guide/if-available)
- The Twelve Steps & Twelve Traditions of Overeaters Anonymous 1st or 2nd edition
- Alcoholics Anonymous, Fourth Edition (the Big Book)
- Twelve Steps and Twelve Traditions by Alcoholics Anonymous
- Overeaters Anonymous, Third Edition
- Voices of Recovery
- For Today

Participants need their own copies of the literature above (digital copies are fine)

REGISTRATION WILL BE ON A FIRST COME FIRST SERVE BASIS

Seating will be limited!!

Contact Person-Lee R.

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Link for workshop Registration-

<https://oavirtualregion.org/c-step-study-workshop-sign-up/>